

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3-Jul	4-Jul	5-Jul	6-Jul	7-Jul
		Grass-fed Beef Meatballs, Fusilli Pasta, Marinara Sauce, Oven Baked Squash, Fresh Cut Fruit	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit	Chicken Fingers, Roasted Red Potatoes, Creamed Spinach, Fresh Cut Fruit
10-Jul	11-Jul	12-Jul	13-Jul	14-Jul
Grass-fed Beef Chili with Cheddar Cheese, Brown Rice, Oven Roasted Carrots, Fresh Cut Fruit	Oven Roasted Turkey and Cheese Cubes, Crackers, Cucumber, Ranch Dressing Fresh Cut Fruit	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, Fresh Cut Fruit
17-Jul	18-Jul	19-Jul	20-Jul	21-Jul
BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit	Baked Chicken Breast with Mild Curry Sauce, Steamed Rice, Roasted Carrots, Fresh Cut Fruit	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
24-Jul	25-Jul	26-Jul	27-Jul	28-Jul
Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit	Turkey and Cheese Croissant Sandwich, Potato Salad, Sliced Cucumbers, Fresh Cut Fruit	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit	Grass-fed Beef Meat Loaf, Mashed Potato, Sautéed Green Beans & Carrots, Fresh Cut Fruit	Grass-fed Beef Sloppy Joe's with Jack Cheese, Oven Roasted Potatoes, Fresh Buttered Corn on Cob, Fresh Cut Fruit
31-Jul	1-Aug	2-Aug	3-Aug	4-Aug
Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit				

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'First Baptist Academy Payment'. Enter Name of the student. Select 'Dietary Restrictions' if applicable. Select 'Class'. In the 'Order Dates', check the dates you would like to have lunch delivered. If you select the 'Recurring Payment' option, we will automatically bill you each month on the 25th. Click 'Add to Cart'. Review and 'Check Out'. Enter billing info and 'Submit Order'.



First Baptist Academy School Menu

Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Morning Snack	Morning Snack	Morning Snack	Morning Snack
Pancakes and Turkey Bacon, Fresh Cut Fruit	Strawberry Banana Smoothie, Fresh Cut Fruit	Breakfast Tacos, Eggs, Cheese, Potatoes, Fresh Cut Fruit	Vanilla Yogurt With House Made Granola, Fresh Cut Fruit	Bagel with Strawberry Cream Cheese, Fresh Cut Fruit
Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack	Afternoon Snack
Cheddar Cheese and Crackers	House Baked Orange Cranberry Muffins	Cucumber Sticks w/ Red Bell Pepper Hummus	Fresh Baked Soft Pretzel Bite with Honey Mustard	Banana Pudding with Fresh Banana

*Both Morning and Afternoon Snacks are packaged individually

**Snack Menu Rotates Monthly